



## **SECTION 2: CREATING OPEN COMMUNICATION**

- I. Remember when you were their age!
  
- II. Give primary responsibility to the same sex parent (if available)
  
- III. Create “space” to talk.
  
- IV. Open up about your dating and sexual past.
  
- V. Apologize if you are making up for “lost time”
  
- VI. Communicate safety
  
- VII. Confirm you are on the same page
  
- VIII. Ask how you can help
  
- IX. Let them know that this is so important you are going to be persistent.

## **SECTION 3: KEY SCRIPTURES TO TALK ABOUT**

### **I. 1 Corinthians 6:15-20**

Sexual immorality = any use of our sexuality outside of monogamous heterosexual marriage.

Understanding spiritual bonding

### **II. Proverbs 5**

### **III. The three reasons God created sex:**

- A. Uniting the spirits of husband and wife
- B. Creating children within a marriage
- C. Enjoyment and pleasure for husband and wife

## SECTION 4: PRINCIPLES TO COMMUNICATE

I. Waiting is cool and worth it

II. The best, most wonderful, happiest life is built from the inside out

III. Discuss, avoid, and battle sexual addictions now

Recommended Resources—it is important to read widely on this issue!

Every Young Man's Battle, Stephen Arterburn  
God's Design For Sex—Books 1-5, Stan Jones  
I Kissed Dating Goodbye—Josh Harris  
Emotional Purity—Heather Paulson

## SECTION 5: PRACTICAL TOOLS

I. Establish that you want the same thing

II. Give your younger children a confident vision that they will not have to find a spouse by themselves.

II. If you are going to allow dating, develop a planned system of “trust earning”

- Honoring the “age of dating” or courtship
- Continued honesty and vulnerability
- Group dates for an extended period of time
- Meeting curfew
- Evidence of personal and spiritual health and maturity—as a prerequisite for dating, and as criteria for continued freedom to date.

III. Recommended Resources

Shine: Embracing God’s Heart For You: by Amy Rienow

This book will help teen girls develop confidence and a secure identity in God. It can be a great discussion starter if moms and daughters read it together.

God’s Design For Sex : a five book series by Stan Jones

Boy Meets Girl: Say Hello to Courtship: by Joshua Harris

Visionary Parenting: [www.visionaryparenting.com](http://www.visionaryparenting.com)